



Village of Hanover Park Administration

Municipal Building
2121 West Lake Street, Hanover Park, IL 60133
630-823-5600 tel 630-823-5786 fax

hpil.org

Village President
Rodney S. Craig

Village Clerk
Eira L. Corral Sepúlveda

Trustees
James Kemper
Fanny Y. López Benítez
Herb Porter
Bob Prigge
Rick Roberts
Sharmin Shahjahan

Village Manager
Juliana A. Maller

SPECIAL EVENTS COMMITTEE

To listen to the meeting, please call:

[+1 708-391-0051](tel:+17083910051) United States, Cicero (Toll)

Conference ID: 538 563 879#

To submit public comment online, visit:

www.hpil.org/publiccomment

Wednesday, July 1, 2020

11:30 a.m. Room 214

AGENDA

1. **CALL TO ORDER – ROLL CALL-**
2. **ACCEPTANCE OF AGENDA-**
3. **PRESENTATIONS/REPORTS-**
4. **APPROVAL OF MINUTES- May 20th, 2020 Special Meeting Minutes**
5. **ACTION ITEMS-**
6. **TOWNHALL SESSION-**
7. **NEW BUSINESS-**
 - 7a. Drive-In Movie Discussion per Village Board Direction
 - 7b. Event Ideas
8. **OLD BUSINESS**
9. **ADJOURNMENT**



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SPECIAL EVENTS COMMITTEE

Wednesday, May 20, 2020

11:30 a.m.

MINUTES

1. **CALL TO ORDER – ROLL CALL-** *The meeting was called to order at 11:35am. All committee members were present.*
2. **ACCEPTANCE OF AGENDA-** *A motion to accept the agenda was made by Mary Kay Prusnick and seconded by Kristy Merrill. All were in favor.*
3. **PRESENTATIONS/REPORTS-** *None*
4. **APPROVAL OF MINUTES-** *No minutes were submitted for approval.*
5. **ACTION ITEMS-** *No Action Items were discussed.*
6. **TOWN HALL SESSION-** *No one signed up for Town Hall session.*
7. **NEW BUSINESS-**
 - 7a. **All events through June have been postponed or cancelled except Memorial Day Observance which will be virtual-** *Discussion was held on the cancellation of events and an overview for the Virtual Memorial Day event was given by Deputy Village Manager Webb.*
 - 7b. **Remaining Events for summer: Wednesday Night Live!- July 9; Mayor Craig's Playball- July 14; COPS DAY- CANCELLED but Movie Option exists- July 17; Wednesday Night Live!- July 22; Car & Motorcycle Show August 2; Wednesday Night Live!- August 5; Movie in the Park- August 7; 9-11 Remembrance- September 11; Corks & Crafts- September 12; Recycling Event- September 19.-** *Discussion was held on the cancellation of the events. A motion was made by Mary Kay Prusnick and seconded by Laura Reilly to cancel all special events through September 12th with the exception of the 9-11 event which will be help in a virtual format similar to the Virtual Memorial Day event. Discussion was held on replacing one of the Movie in the Park events with a Drive-In Movie event. Discussion on the format for the Drive-In Movie was held and the police department will review the*

logistics of holding the event at the Metra Station and report back. A motion was made by Trustee Herb Porter and seconded by Mary Kay Prusnick to give staff the authority to staff to proceed with planning the event at the Metra Station on a Saturday Night date and showing the movie Jumanji: The Next Level, if the logistics for the movie can be secured. All were in favor.

8. OLD BUSINESS

8a. 20 Great Things in Hanover Park in 2020- *This idea was cancelled due to the complications associated with holding events as a result of the COVID-19 pandemic.*

9. ADJOURNMENT- *A motion to adjourn was made at 1236pm by Mary Kay Prusnick and seconded by Trustee Herb Porter. All were in favor.*

Move with the Mayor™ (MWTM) is a national initiative that works with mayors across the country to challenge their communities to be more physically active. Mayors encourage their communities to be physically active to lower their chances of heart disease and its risk factors, like high cholesterol, high blood pressure, and diabetes.

In 2020, mayors are using MWTM messaging, policy recommendations and other tools to empower and protect community members from COVID-19 and improve cardiovascular health and health equity. Although our focus remains the same, the unprecedented nature of COVID-19 has shifted the way we work with cities and engage communities to maintain everyone's safety. We are excited to announce the continuance of MWTM as a virtual challenge this year. The National Forum has devised a new plan, outlined below, to guide you as we kick off the challenge in August.

Move with the Mayor™ (MWTM) 2020 Virtual Challenge

Becoming a MWTM city is easy, simply make the social media pledge and confirm your participation with Jen Childress via [email](#).

To participate in this year's Virtual Challenge, we ask that you complete two requirements:

1. Fill out the Step It Up! Success Roadmap. The 2020 Roadmap will be sent out to participants in early August. Click [here](#) to view a copy of the 2019 Roadmap.
2. Complete a least ONE Virtual Challenge activity **between August 1 and September 29**. A suggested virtual activity list is provided below.

If you any questions, please feel free to email [Jen Childress](#), [Debbie Martinez](#), or [Laurie Tucker](#) at any time!

Virtual Challenge Activity List

The purpose of this list is to help your city generate ideas. We welcome you to create your own activities for the virtual challenge and encourage you to do more than one activity over the course of the two-month challenge.

- Social media campaigns & challenges
 - The mayor can challenge other mayors and their community to compete in a friendly competition via social media
 - Mayor posts video of themselves walking/being physically active (while taking social distance precautions) and encourages residents to do the same using a set of MWTM hashtags. (Challenges could include):
 - Number of minutes being physically active
 - Trying a favorite workout/stretching routine
 - Achieving a certain number of steps each day

- The mayor posts video of themselves walking/being physically active (while taking social distance precautions) and challenges others to do the same using a set of MWTM hashtags. You can be creative with this and do other activities such as gardening, yardwork, or even cleaning the house (maybe use Marie Kondo for inspiration!). Specific ideas:
 - Tracking the number of minutes being physically active
 - Trying a favorite workout/stretching routine
 - Achieving a certain number of steps each day
 - Growing a garden and challenging others to do the same
- Create a virtual scavenger hunt/bingo by visiting specific parks, trails, or landmarks throughout the city.
- Facebook Live Q & A series: "Answers to your COVID-19 Questions"
 - 15-30 minutes live sessions where community members can log-in and ask questions to local experts (public health director, doctor, public officials)
 - Topics could include heart health, [mental health](#), coping with stress, cooking, physical activity, grocery shopping, etc.
 - Here is an example from the city of [West Chicago](#) where Representative Karina Villa provides resources in both English and Spanish.
- Mayor-produced short videos on how to stay active while the stay-at-home order is in place; you can also invite special guests to do videos.
 - Guests could include experts listed above, and other council members, local celebrities/athletes, fitness instructors, chefs, etc.
- Virtual Zoom or Facebook Live fitness: yoga, Zumba, boxing, meditation, etc. You can further engage participants by asking them to live tweet and snap and post pictures of themselves on social media with the hashtag #MoveWithTheMayor. Don't feel like you have to create your own live fitness class. Host a virtual zoom and have everyone follow along to a free video, we provided some resources below.
 - [P.E. for Your Living Room](#) – Downloadable videos from Brett Klika of SPIDERfit Kids.
 - [sheSTRENGTH website](#) – Videos, blogs and at-home training programs from Anna Woods.
 - [Family fitness resources](#)
 - Follow the National Forum's very own [Jen Childress](#) for her weekly Couch Yoga Series and other at-home workouts
 - [Move More Month](#) by the American Heart Association
 - Check out what cities have going on (e.g., FB/Twitter posts from [Baton Rouge](#) & [Findlay](#))
- Your virtual Zoom or Facebook Live class doesn't have to be all about fitness! Try a [cooking class](#) where you try out simple, healthy snacks or meals. If you're feeling adventurous, challenge yourself and others to make a more advanced meal or snack—and keep it healthy! Sorry dalgonia coffee and sourdough bread.
- Virtual accountability running or walking groups- form groups on Facebook

- Host a Virtual 5k. Check out this [page](#) for more information on how to start one in your community.
- Other fitness challenge examples:
 - [31 Day Challenge](#)
 - [Move Spring ideas](#) for work from home employees
 - [Living Room Cup](#) - Work out with Nike athletes
- Other [examples of Virtual 5Ks](#):
 - [5K for Earth Day](#) – after reading 1st page, 2nd page has important information re: rules/liability issues
 - [Spark People](#) virtual race
 - [Foodie 5k](#)

MOVE WITH THE MAYOR™

NATIONALFORUM.ORG



Move with the Mayor™ is an initiative that works with mayors across the country to challenge their communities to be more physically active. Mayors encourage their citizens to take literal steps to improve their health by walking since it is one of the easiest ways to lower one's chances of heart disease and its risk factors, like high cholesterol, high blood pressure, and diabetes.

Implementing Move with the Mayor is flexible, based upon what works for you and your team. Check out how other cities have done!



MAYOR ERIC GENRICH

Frequency: Every Tuesday at noon at City Hall throughout the month of September and occasionally throughout the year,

Participants: All city employees are invited to participate including local businesses and the police department.

Communications: An email with reminders is sent to city employees, flyers are posted along the buildings, and the walks are posted in the employee calendar.

MAYOR RUBEN PINEDA

Frequency: Every Saturday of the year at one of the city's public elementary schools, Mayor Pineda joins kids throughout the city on walks around parks and hiking trails.

Participants: Elementary school children, parents, and teachers.

Communications: An email and flyer are distributed to parents and teachers by Healthy West Chicago.



MAYOR SHARON WESTON BROOME

Frequency: Mayor Broome partnered with local organizations to walk, bike, run, and have fun with group exercise throughout the parish each week in September.

Participants: Baton Rouge residents.

Communications: Events were communicated through the mayor's and Healthy Baton Rouge social media platforms and through posters and flyers.



To get your city involved contact: John.Clymer@NationalForum.org